

# Movements of GIT

- ① Mobility in Mouth
- ② Mobility in oesophagus
- ③ Mobility in stomach
- ④ Mobility in small intestine
- ⑤ Mobility in large intestine

## 1. Mobility in Mouth

- a. chewing / Mastication
- b. swallowing.

a. chewing → reflex in nature



significance

[DEPTH OF BIOLOGY]

→ break food into small pieces  
↓  
easy to swallow

→ helps in digestion of all types of food specifically cellulose containing food  
↓  
eg vegetable

→ Enzyme exposure

↓  
starch digestion through  
↓  
salivary amylase

b. swallowing → Transport of food from mouth to stomach.

steps

- ① Buccal Phase → Food moves from Mouth to Pharynx
- ② Pharyngeal Phase → Food moves from pharynx to esophagus
- ③ Esophageal Phase → esophagus to stomach  
↓  
by Peristalsis.

② Mobility in esophagus (Peristalsis)  
Esophageal peristalsis sweeps down the esophagus

③ Mobility of stomach

[DEPTH OF BIOLOGY]

Proximal  
(Fundus and Body)

- This is thin walled
  - weak contractions and infrequent.
  - To store food
- ↓  
because of receptive relaxation.

Distal  
(Pylorus)

- Thick walled
  - strong contraction and frequent (peristaltic contraction)
- ↓  
mix and propel the food.

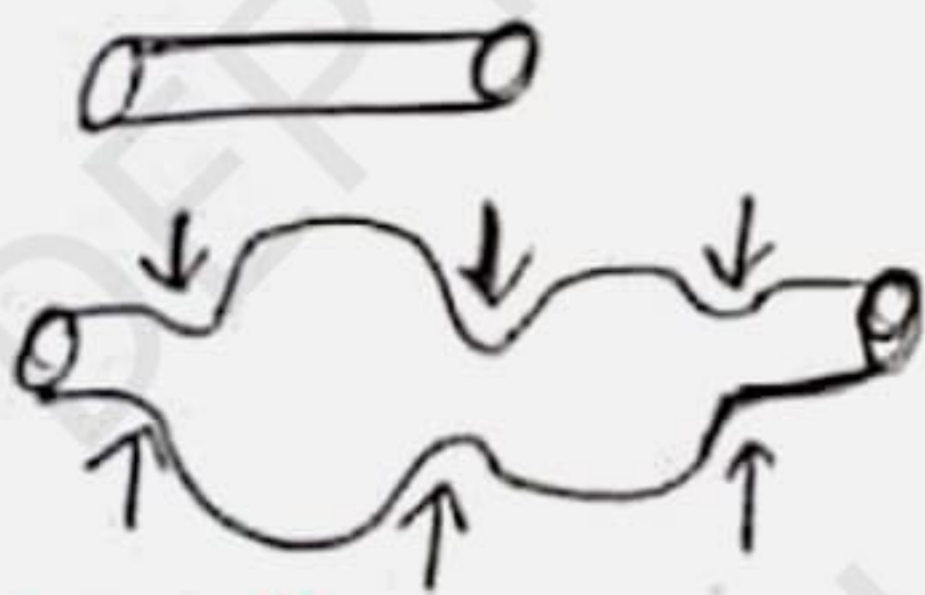
\* Distal is also responsible for gastric emptying into duodenum.

④ Mobility of Small Intestine

[DEPTH OF BIOLOGY]

segmentation

- contraction of circular muscle



Function

① Mixing → helps in digestion

② Maximising exposure of food → To membranes of intestinal cell

[DEPTH OF BIOLOGY]

↓  
It helps in Digestion and Absorption

- ③ Propulsion of content into the large Intestine  
segmentation movement → responsible for mixing and cutting.  
Peristalsis → responsible for the forward movement of food.



- ⑤ Motility of large Intestine
- segmentation
  - Mass Movement
  - Defecation.