

Artificial Respiration - breathing induced by some manipulative technique when natural respiration has ceased or is failing. Such techniques, if applied quickly and properly, can prevent some death from drowning, choking, strangulation, suffocation, carbon monoxide poisoning and electric shock.

Resuscitation Methods — These improve oxygen delivery, optimise tissue uptake of O_2 and preserve the metabolic state of O_2 . Different types of resuscitation training include learning how to perform rescue breathing; CPR.

CPR → Cardiopulmonary Resuscitation

It is an lifesaving emergency procedure consisting of chest compressions often combined with artificial ventilation.

It is useful in heart attack or near drowning etc.