

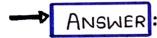
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# UNIT-I

### 10/15 MARKS



Introduction, classification and biological role of carbohydrate.



ANSWER: INTRODUCTION

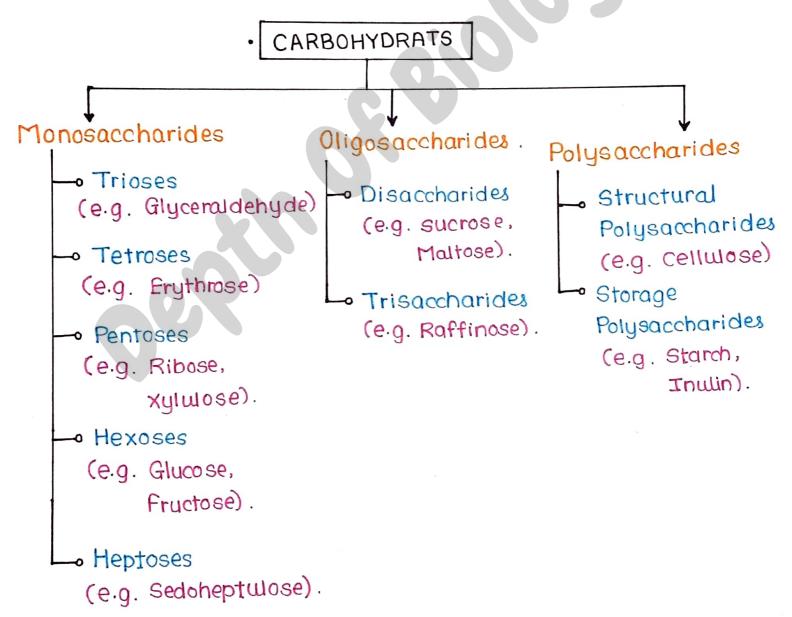
- · Carbohydrates are organic compounds made up of carbon, hydrogen and oxygen, usually in the ratio of 1:2:1.
- · They are also known as saccharides and are one of the main types of nutrients in our food.
- · Carbohydrates are the primary and immediate source of energy for the body.

#### · CLASSIFICATION

· Carbohydrates are classified based on the number of sugar (saccharide) units they contain:

1	Туре	No. of Sugar Units	Examples.
d.	Monosaccharides	1	Glucose, Fructose , Galactose
2	Disaccharides	2	Sucrose, Lactose, Maitose

3.	Oligosaccharides	3-10	Raffinose, Stachyose.
4.	Polysaccharides	>10	Starch, Glycogen, Cellwose, Chitin.



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#### 1. Monosaccharides

- · These are the simplest form of carbohydrates, containing a single sugar unit.
- · They cannot be hydrolyzed into simpler carbohydrates.

#### · TYPES:

	Name	No. of Carbon	Examples.
	Triose	3	Glyceraldehyde
•	Tetrose	4	Erythrose
•	Pentose	5	Ribose, Deoxyribose
•	Hexose	6	Glucose, Fructose, Galactose
	Heptose	Ŧ	Sedoheptulose

#### 2. DISACCHARIDES

- Formed by the condensation of two monosaccharide units linked by a glycosidic bond.
- · Examples :
- Sucrose Hydrolysis Glucose + Fructose [Table sugar]

- Lactose = Glucose + Galactose
   on hydrolysis gives 1 unit of Glucose and
   1 unit of Galactose.
- Maltose  $\xrightarrow{On}$  Glucose + Glucose Hydrolysis [formed during starch digestion].

### 3. Oligosaccharides

- · Contains 3 to 10 monosaccharide units.
- They are commonly found in glycoproteins and cell membranes.
- Examples: Raffinose On Hydrolysis Glucose + Fructose
  - Stachyose On
    Hydrolysis

    2 Galactose + Glucose +
    Fructose.

### 4. Polysacharides

- Large and complex carbohydrates made up of more than 10 monosaccharide units
- · They can be branched or unbranched, and are insoluble in water.

- · TYPES :
- A) Storage Polysaccharides:
- Starch (plants): mixture of amylose and amylopectin.
- · Glycogen Canimals): stored in liver and muscles.

#### B) Structural Polysaccharides:

- · Cellwose : plant cell wall; indigestable in humans.
- · Chitin: exoskeleton of insects and crustaceans.
- · BIOLOGICAL ROLE OF CARBOHYDRATES
- · Carbohydrates play vital role in the structure and function of all living organisms.
- · Their biological importance includes:
- 1. Primary Source of Energy
- · Carbohydrates like glucose provide immediate energy through glycolysis and the TCA cycle.
- · Each gram of carbohydrate provides 4 kcal of energy
- 2. Energy Storage
  - · Starch in plants and glycogen in animals act as storage forms of glucose.

- · These can be broken down when the body needs energy.
- 3. Structural Component
- · Cellwose provides structural strength to plant cell walls.
- · Chitin forms the exoskeleton of insects and crustaceans
- 4. Sparing Protein Function
- · When carbohydrates are available, they prevent proteins from being used as an energy source.
- · This helps proteins focus on growth and repair.
- 5. Fat metabolism Regulation
- · Carbohydrates help in the complete oxidation of fats.
- Lack of carbs can lead to ketone body production (ketosis).
- 6. Component of Genetic Material
- · The sugars ribose and deoxyribose are part of RNA and DNA, respectively.
- 7. Formation of Coenzymes
- · Carbonydrates form part of Important coenzymes

like NAD+, FAD and ATP.

- 8. Cell Recognition and Communication
  - · Glycoproteins and glycolipids on cell membranes are involved in cell signaling, recognition and immunity.
- 9. Digestive Health (Dietary Fiber)
  - · Cellwose and other fibers aid in digestion and prevent constipation.
- · Help maintain healthy gut flora.
- 10. Detoxification
  - Some carbohydrate derivatives participate in detoxifying harmful substances in the liver (e.g. glucoronic acid).
  - Carbohydrates are not just energy-giving nutrients;
     they also support cell structure, metabolism, DNA formation, and overall health.

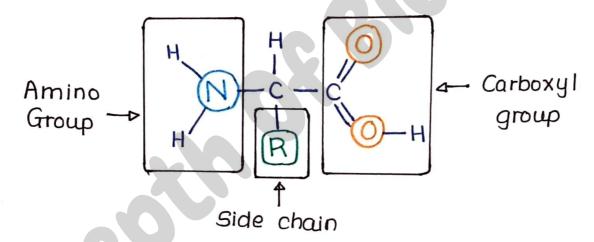
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### 2 marks/3 marks/MCQ

# Q.1 Explain proteins.



Definition: Proteins are large, complex biomolecules made up of long chains of amino acids linked by peptide bonds.



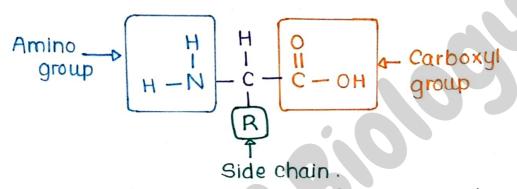
- · Proteins are essential for growth, repair, and maintenance of body tissues.
- They act as enzymes, hormones, antibodies, and structural components of cells
- · Examples: Hemoglobin Ccarries oxygen),
  Insulin Ccontrols blood sugar).

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#### Q.2 Explain amino acid.



Definition: Amino acids are organic compounds that as the building blocks of proteins. serve



- · General structure of Amino acids.
- Each amino acid contains an amino group (-NH2), а carboxyl group (-соон) and a unique side chain (R-group).
- · There are 20 different amino acids, and some must obtained from the diet (essential amino acids). be
- · Examples: Glycine, valine, Leucine.

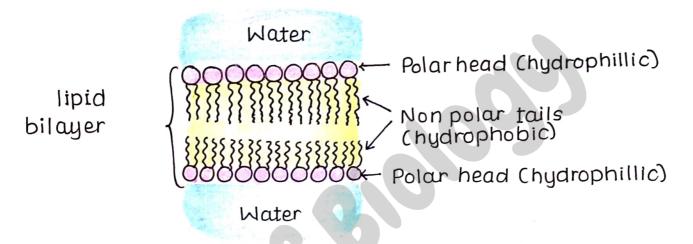
### Explain Lipid.



LIPID

Definition: Lipids are a group of naturally occurring hydrophobic (water-insoluble) molecules, including fats, oils, waxes and steroids.

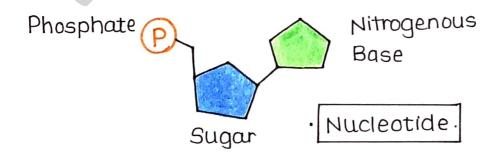
- Lipids are important for energy storage, forming cell membranes (phospholipids) and insulation.
- · Examples : Triglycerides (stored fat), cholesterol (important for hormones and membranes).



# Q.4. Explain Nucleic Acid



Definition: Nucleic acids are large biomolecules that store and transfer genetic information in cells.



- There are two main types:
  - · DNA (Deoxyvibonucleic acid): Carries the genetic bluepoint.

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- · RNA (Ribonucleic acid): helps in protein synthesis
- · They are made up of units called nucleotides. (sugar + phosphate + Nitrogen base)
- · They control heredity and protein synthesis in body.

#### Q.5 Explain endergonic & exergonic reactions



ANSWER : ENDERGONIC REACTION

An endergonic reaction is a chemical reaction Definition: that requires energy input to proceed.

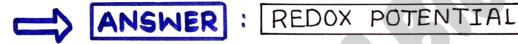
- · In endergonic reactions, the products have more energy than the reactants. Since energy is absorbed, these reactions do not happen on their own. Chonspontaneous).
- They usually occur with the help of energy sources sunlight or ATP. like

Example : Photosynthesis - Plants use sunlight Cenergy) to convert carbon dioxide and water into glucose.

- EXERGONIC REACTION
- · Definition: An exergonic reaction is a chemical reaction that releases energy.
- · In exergonic reactions, the products have less energy than the reactants.

- Energy is released in the form of heat or ATP and these reactions are usually spontaneous Chappen on their own).
- Example: Cellular respiration Glucose is broken down to release energy in the form of ATP.

#### Q.6 Explain redox potential.



- · Definition : Redox potential Calso called oxidation reduction potential potential or E°) is a measure of the ability of a chemical species to gain or lose electrons in a redox (reduction-oxidation) reaction.
- If a substance gains electrons, it get reduced.
- If it loses electrons, it gets oxidized.
- Redox potential tells us how easily a molecule can accept or donate electrons.
- A higher redox potential means the substance easily gains electrons (strong oxidizing agent).
- A lower redox potential means it easily loses electrons (strong reducing agent).

### Q.7 Write down the biological significance of ATP.



ANSWER: BIOLOGICAL SIGNIFICANCE ATP

- ATP is the main energy carrier in all living cells.
- It provides energy for cellular processes like 2. metabolism and biosynthesis.
- 3. ATP powers muscle contraction, enabling movement.
- It supplies energy for active transport, moving Substances across cell membranes.
- 5. ATP is essential for DNA and RNA synthesis during cell division and protein production.
- It plays a role in cell signaling and 6. communication.
- Without ATP, cells cannot perform vital functions 7. and would die.
- 8. ATP is continuously regenerated to meet the energy needs of the cell.
- .This makes ATP essential for Life.

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# Q.8 Define cyclic AMP



# ANSWER : CYCLIC AMP

- · Definition: · Cyclic AMP (camp) is a cyclic form of adenosine monophosphate that acts a second messenger in cells.
- · camp is produced from ATP by the enzyme adenylate cyclase when a hormone or signal binds to a receptor on the cell surface.
- helps carry the signal inside the cell to activate Specific proteins, such as protein kinase A (PKA).
- This activation leads to changes in cell functions metabolism, gene expression and cell growthlike
- Thus, camp plays an important role in transmitting and amplifying signals within the cell.