Unit-1

An overview of modern drug discovery process: Target identification, target validation, lead identification and lead Optimization. Economics of drug discovery.

Target Discovery and validation-Role of Genomics, Proteomics and Bioinformatics. Role of Nucleic acid microarrays, Protein microarrays, Antisense technologies, SiRNAs, Antisense oligonucleotides, Zinc finger proteins. Role of transgenic animals in target validation.

An overview of modern drug discovery process: Target identification, target validation, lead identification and lead Optimization.

First, scientists study how a disease works.

Then, they try to make a medicine that can help.

They use biology, chemistry, and computers to do this work better and faster.

In short: Drug discovery is the process of making new medicines step by step.

## 1. Target Identification in Drug Discovery-

#### Definition

Target identification is the first step in drug discovery. It means finding a biological molecule (gene, protein, receptor, enzyme, ion channel, or nucleic acid) in the body that plays a key role in a disease.

If this molecule is modified (inhibited, activated, or blocked), the disease can be prevented or treated.

### Why is it Important?

Wrong target = drug will fail later.

Correct target = higher chance of developing a successful medicine.

# Types of Targets-

Enzymes - Example: HIV protease (anti-HIV drugs).

Receptors - Example:  $\beta$ -adrenergic receptor ( $\beta$ -blockers in hypertension).

Ion channels - Example: Calcium channels (calcium channel blockers in heart disease).

Nucleic acids - Example: DNA gyrase in bacteria (antibiotics).

Target identification = finding the "right lock" (disease-causing molecule) before searching for the "key" (drug).

# Approaches for Target Identification

**Genomics & Proteomics** 

Study of genes and proteins to find which ones are abnormal in disease.

Example: BRCA1/2 genes in breast cancer.

Pathway Analysis

Study of biological pathways (cell signaling, metabolism) to see which steps are disturbed in disease.

Comparative Studies

Compare diseased vs. healthy cells/tissues to identify unique molecules.

Bioinformatics & Computational Biology

Use of databases, AI, and computer models to predict possible disease targets.

Examples of Target Identification-

HIV protease  $\rightarrow$  identified as target  $\rightarrow$  led to protease inhibitors for HIV.

BCR-ABL tyrosine kinase  $\rightarrow$  identified as cancer target  $\rightarrow$  led to Imatinib (Gleevec).

Cyclooxygenase (COX enzyme)  $\rightarrow$  identified as target  $\rightarrow$  led to NSAIDs (like aspirin, ibuprofen).

## 2. Target Validation

Target validation is the step after you identify a candidate molecule. It tests whether changing that molecule (blocking or activating it) actually improves the disease outcome — and whether it's safe and "druggable."

In short: Is this target worth making a drug for

Why target validation matters -

Prevents wasting resources on a wrong target.

Demonstrates causality (target  $\rightarrow$  disease effect), not just correlation.

Helps decide the best therapeutic approach (small molecule, antibody, gene therapy).

# Detailed explanation -

1. Goals of target validation

Causality: Show the target is necessary and/or sufficient for the disease phenotype.

Therapeutic relevance: Show that modulating the target produces a meaningful benefit.

Safety & specificity: Show modulation won't cause unacceptable toxicity or affect many other pathways.

Translatability: Evidence that findings in models will apply to humans.

- Types of evidence used
- Genetic evidence (human genetics, knockouts/knockdowns)
- Human: loss-/gain-of-function mutations or GWAS linking target gene to disease.
- Laboratory: siRNA/shRNA knockdown, CRISPR knockout (KO), CRISPRi/CRISPRa,
- transgenic/knock-in animals.
- Pharmacological evidence
- Use of selective inhibitors, agonists, antibodies or biologics to change target activity.
- Biochemical / molecular evidence
- Direct assays showing the target's role in a pathway (e.g., enzyme activity, phosphorylation status).

Phenotypic evidence

Changes in cell survival, proliferation, secretion, behaviour, or other disease-relevant endpoints in cells/animals.

Biomarkers & target engagement

Measure whether the drug binds the target in biological systems and downstream pathway modulation (PD markers).

### Lead identification

In drug discovery, lead identification is the stage where potential drug-like molecules are recognized that can interact with a specific biological target (e.g., receptor, enzyme, protein) and produce a desirable pharmacological effect.

## Sources of Lead Compounds-

Natural products – Derived from plants, animals, or microorganisms.

Example: Morphine (from Papaver somniferum), Paclitaxel (from Taxus brevifolia).

Synthetic compounds – Chemical libraries produced by organic synthesis.

High-Throughput Screening (HTS) – Automated testing of thousands of compounds.

Computer-Aided Drug Design (CADD) – Virtual screening, molecular docking, QSAR.

Biopharmaceutical sources – Peptides, monoclonal antibodies, recombinant proteins.

#### Criteria for Lead Selection

- A good lead compound must have:
- Potency High activity at low concentration.
- Selectivity Specific action on target with minimal off-target effects.
- Drug-likeness Follows Lipinski's Rule of 5.
- Low toxicity Safe therapeutic window.
- Synthetic feasibility Easy to modify chemically.

#### Outcome of Lead Identification

- Out of thousands of molecules, only a few potential leads are identified.
- These leads undergo lead optimization, where chemical modifications improve efficacy, safety, and pharmacokinetic properties.
- Optimized leads move to preclinical and clinical development.

# Lead Optimization-

After lead identification, the next important step in drug discovery is lead optimization.

A lead compound may show initial biological activity, but it is rarely suitable as a drug in its original form. Lead optimization involves systematic modification of the lead molecule to improve its efficacy, selectivity, safety, and pharmacokinetic properties.

#### **Definition**

Lead optimization is the process of chemically modifying and refining lead compounds to enhance their biological activity, reduce toxicity, and achieve suitable drug-like properties for preclinical and clinical development.

# Objectives of Lead Optimization

- Improve potency (stronger activity at lower dose).
- Increase selectivity (specific to the target, minimal side effects).
- Enhance ADME properties (Absorption, Distribution, Metabolism, Excretion).
- Reduce toxicity and adverse effects.
- Improve physicochemical properties solubility, stability, lipophilicity.
- Achieve synthetic feasibility simple, economical synthesis.

Strategies in Lead Optimization-

Functional Group Modification

Adding/removing groups to improve binding or solubility.

Example: Adding hydroxyl groups to increase polarity.

Isosteric Replacement (Bioisosterism)

Replacing one atom/group with another having similar properties to improve activity.

Example: Replacement of -OH with -NH<sub>2</sub>.

Structure-Activity Relationship (SAR) Studies

Understanding how structural changes affect activity.

QSAR (Quantitative SAR)

Using mathematical models to predict activity.

Prodrug Approach-

Converting an inactive compound into an active form in the body to improve ADME.

Chirality/Isomerism

Using the more active stereoisomer to reduce toxicity.

Computer-Aided Drug Design (CADD)

Docking studies, molecular dynamics, virtual screening for better optimization.

# **Economics of Drug Discovery**

Drug discovery is a complex, expensive, and time-consuming process. It involves identifying new molecules, testing them for safety and efficacy, and bringing successful candidates to the market. The economics of drug discovery focuses on the costs, risks, revenues, and challenges involved in this process.

# Cost of Drug Discovery-

The average cost of developing a single new drug: \$1-2\$ billion. Time required: 10-15 years.

### Cost components include:

Basic research (identification of targets and lead compounds).

Preclinical studies (laboratory and animal testing).

Clinical trials (Phase I, II, III on humans).

Regulatory approval (FDA, EMA, etc.).

Manufacturing and marketing setup.

### Risk and Probability of Success

Out of 10,000-15,000 screened compounds, only 1 drug typically reaches the market.

Success rate in different stages:

Preclinical to clinical: ~10%

Clinical trials to approval: ~10-15%

Failures at later stages (like Phase III) are very costly.

### **Investment and Funding**

Pharmaceutical companies invest heavily in R&D to develop new drugs.

Government and academic institutions contribute to early-stage research.

Venture capital and collaborations support biotech start-ups.

Companies expect high returns to cover both successful and failed projects.

### Patents and Market Exclusivity

- New drugs are protected by patents (20 years) from the date of filing.
- Since much of this time is spent in development, effective market exclusivity is 8-12 years.
- During this period, companies can set high prices to recover R&D costs.
- After patents expire, generic competition reduces prices drastically.

#### **Pricing and Access**

- New drugs are often priced high due to R&D recovery needs.
- High prices can limit patient access, especially in developing countries.
- Governments and insurance companies negotiate prices.
- Balance needed between innovation incentives and affordable healthcare.

# **Economic Challenges-**

High failure rate increases financial risk.

Rising R&D costs lead to expensive medicines.

Pressure from governments and society to control prices.

Need for new models such as:

Collaborative research (academia-industry partnerships).

Use of AI, machine learning, and computational models to reduce costs.

Personalized medicine approaches.

Target Discovery and Validation: Role of Genomics

#### Introduction

Drug target = a molecule (usually a protein such as an enzyme, receptor, ion channel, or nucleic acid) that interacts with a drug to produce a therapeutic effect.

Target discovery = identifying new biological molecules that can be used for drug action.

Target validation = confirming that the identified target is truly involved in the disease process and can be safely and effectively modulated by a drug. Genomics plays a key role in both discovery and validation by studying the entire genetic information (genome) of organisms.

# Role of Genomics in Target Discovery-

Genomics helps to identify potential new drug targets by:

- Gene sequencing (e.g., Human Genome Project):
- Provides the complete map of genes.
- Identifies disease-associated genes.

### Comparative genomics:

- Compares genes of healthy vs. diseased individuals.
- Highlights mutations or polymorphisms linked to disease.
- Gene expression profiling (using microarrays or RNA-seq):
- Shows which genes are "turned on or off" in disease.
- Helps to spot overexpressed or underexpressed proteins that may serve as targets.

# Functional genomics:-

Uses techniques like CRISPR, RNA interference (RNAi), or knockout studies to study gene function.

Helps link specific genes to disease pathways.

Role of Genomics in Target Validation-

Once a potential target is found, genomics helps confirm its role by: Correlation with disease:

Checking whether mutations or altered expression of the gene is consistently linked to the disease.

Genetic manipulation models:

Knockout/knock-in animals or cell lines help verify whether altering the target gene improves or worsens the disease.

Biomarker discovery:

Genomic markers predict drug response and validate the target's clinical relevance.

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- -Patient stratification (Pharmacogenomics):
- Determines which patient populations are most likely to benefit from drugs acting on that target.

## Advantages of Genomics in Drug Discovery

- Provides large-scale data on potential targets.
- Improves precision medicine (drug tailored to genetic profile).
- Reduces chances of late-stage drug failure by validating targets early.

#### Limitations

- Huge amount of data  $\rightarrow$  requires bioinformatics analysis.
- Not all genetic variations are clinically relevant.
- Ethical and privacy issues with genetic data.

Proteomics = the large-scale study of proteins, their structure, function, interactions, and expression.

Since proteins are the functional molecules of cells (enzymes, receptors, transporters, etc.), studying them provides direct insight into health and disease.

It complements genomics:

Genomics = study of genes (what could happen).

Proteomics = study of proteins (what actually happens in cells).

# Types of Proteomics-

- -Structural Proteomics
- Studies 3D structure of proteins.
- Helps understand binding sites, enzyme activity, and drug design.
- -Expression Proteomics
- Compares protein expression levels between healthy and diseased states.
- Identifies biomarkers and drug targets.
- -Functional Proteomics
- Studies protein-protein interactions and signaling pathways.
- Explains how proteins work in networks.

Techniques Used in Proteomics-

2D Gel Electrophoresis: separates proteins by charge and size.

Mass Spectrometry (MS): identifies proteins and measures their abundance with high accuracy.

Protein Microarrays: allow study of many proteins at once (high-throughput analysis).

X-ray Crystallography & NMR Spectroscopy: reveal protein 3D structure. Bioinformatics & Databases: analyze, compare, and store massive proteomic data.

# Applications of Proteomics-

- Drug Discovery & Development
- Identifies new drug targets (enzymes, receptors).
- Confirms whether a target is involved in disease (target validation).
- Biomarker Discovery
- Finds proteins linked to diseases  $\rightarrow$  early detection and monitoring.
- Example: Prostate-specific antigen (PSA) in prostate cancer.
- Personalized Medicine
- Treatment is designed according to the patient's protein profile.
- Helps predict who will respond to a drug and who may face side effects.

Understanding Disease Mechanisms-

Shows how protein levels or modifications (like phosphorylation) change in diseases such as cancer, diabetes, or Alzheimer's.

**Toxicology Studies-**

Detects protein changes caused by drug toxicity  $\rightarrow$  ensures drug safety.

- Advantages of Proteomics-
- Provides a real-time functional picture of cellular activity.
- Helps in early diagnosis and better therapies.
- Complements genomics (moves from potential to actual biological function).
- Reduces late-stage drug trial failures by confirming targets earlier.

#### **Limitations of Proteomics-**

- Proteins are highly dynamic (vary with tissue, time, and environment).
- Requires costly and advanced instruments.
- Produces huge datasets  $\rightarrow$  needs bioinformatics expertise.
- More difficult than genomics, since proteins can undergo modifications (e.g., glycosylation, phosphorylation).

## **Bioinformatics**

Bioinformatics is an interdisciplinary field that combines biology, computer science, mathematics, and statistics to store, analyze, and interpret biological data. It mainly deals with large-scale data such as DNA sequences, protein structures, and gene expression.

# Objectives of Bioinformatics-

Data Management – storing huge biological datasets (genomes, proteins, etc.).

Data Analysis - comparing sequences, predicting functions.

Data Integration - combining genomic, proteomic, and clinical data.

Prediction & Modeling - understanding disease pathways and drug design.

Major Components-

Biological Data - DNA, RNA, protein sequences, metabolic pathways.

Databases - repositories that store biological information.

Examples: GenBank, EMBL, PDB, Swiss-Prot.

Tools & Algorithms - software to search, align, and model sequences.

Examples: BLAST, FASTA, ClustalW.

Computational Methods – statistics, AI, and machine learning for predictions.

# **Applications of Bioinformatics-**

Genomics

Genome sequencing (Human Genome Project).

Identifying disease-causing genes.

**Proteomics** 

Protein structure prediction.

Understanding protein-protein interactions.

Drug Discovery & Development

Virtual screening of drug molecules.

Molecular docking to study drug-target binding.

Pharmacogenomics: predicting drug response in different patients.

Medicine-

Personalized medicine  $\rightarrow$  treatment based on patient's genetic profile.

Biomarker discovery for early disease detection.

**Evolutionary Biology-**

Phylogenetic analysis (evolutionary relationships between species).

Agriculture & Biotechnology-

Developing pest-resistant or high-yield crops.

Analyzing plant and animal genomes.

# Advantages

Handles huge biological data efficiently.

Saves time and cost in research (virtual experiments).

Accelerates drug discovery.

Useful for personalized and precision medicine.

#### Limitations

Requires high computational power.

Needs specialized knowledge (biology + computer science).

Data interpretation may be complex.

Dependent on accuracy of algorithms and databases.

## Nucleic Acid Microarrays

Nucleic acid microarray (also called DNA microarray or gene chip) is a laboratory tool used to study the expression of thousands of genes at once.

It consists of a solid surface (usually glass or silicon) onto which many DNA sequences (probes) are fixed in an orderly grid pattern.

When a sample of labeled nucleic acids (DNA or RNA) is applied, hybridization occurs if there is a complementary sequence.

This allows researchers to analyze gene activity, mutations, or polymorphisms on a large scale.

# Working Principle-

Preparation of Microarray – DNA probes representing genes are fixed on a chip.

Sample Labeling – mRNA (from cells/tissue) is converted to cDNA and labeled with fluorescent dyes.

Hybridization - labeled sample binds to complementary probes on the chip.

Detection - fluorescent signals are measured by a scanner.

Data Analysis - software interprets gene expression patterns.

# Applications / Role of Nucleic Acid Microarrays-

- Gene Expression Profiling
- Study which genes are active/inactive in normal vs diseased tissues.
- Example: Identify genes overexpressed in cancer cells.
- Disease Diagnosis and Classification
- Different diseases show unique gene expression "signatures."
- Helps in early and accurate diagnosis.
- Drug Discovery and Development
- Identify molecular targets for drugs.
- Understand how drugs affect gene expression.

- Pharmacogenomics (Personalized Medicine)-
- Predicts how patients respond to drugs based on their gene expression profiles.
- Helps in selecting the right drug for the right patient.
- **Detection of Genetic Variations**
- Single nucleotide polymorphisms (SNPs) can be detected.
- Used for studying genetic predisposition to diseases.

#### **Toxicogenomics**

- Studies how toxic compounds alter gene expression.
- Useful for drug safety testing.

#### Microbial Identification

- Detects pathogens by identifying their unique DNA sequences.
- Applied in infectious disease diagnosis.

## Advantages

High-throughput  $\rightarrow$  thousands of genes studied simultaneously.

Requires very small sample volume.

Useful for both basic research and clinical applications.

#### Limitations

Requires specialized equipment and expertise.

Data analysis is complex and needs bioinformatics.

Results depend on probe design and hybridization efficiency.

Less accurate than newer technologies like RNA sequencing (RNA-seq).

## Protein Microarray

Protein microarrays are high-throughput tools used to study many proteins at the same time.

They consist of a solid surface (glass slide, silicon chip, or membrane) on which different proteins or protein-capturing molecules are immobilized in an orderly grid.

When a biological sample is applied, protein-protein, protein-DNA, protein-drug, or protein-antibody interactions can be detected.

They are like the protein version of DNA microarrays.

- Types of Protein Microarrays-
- Analytical Protein Microarrays
- Contain antibodies or proteins that capture target proteins.
- Used for protein expression profiling and biomarker detection.
- Functional Protein Microarrays
- Contain purified proteins to study biochemical activities.
- Used for studying protein-protein, protein-drug, or protein-DNA interactions.
- Reverse Phase Protein Microarrays
- Contain protein extracts from tissues or cells.
- Used to compare protein expression in normal vs diseased samples.

Working Principle-

Surface Preparation - proteins/antibodies are immobilized on a solid support.

Sample Application - labeled proteins, antibodies, or molecules are added.

Binding/Interaction - target molecules bind to the immobilized proteins.

Detection – fluorescent dyes, chemiluminescence, or radioactive tags detect interactions.

Data Analysis - signals are processed using scanners and bioinformatics software.

- Applications-
- Protein Expression Profiling
- Identifies which proteins are present or active in a sample.
- Biomarker Discovery
- Detects disease-specific proteins for diagnosis.
- Example: Cancer or infectious disease biomarkers.
- Drug Discovery & Development
- Screening drug-protein interactions.
- Identifying new drug targets.
- Disease Diagnosis & Classification
- Distinguishes between different disease types based on protein patterns.

Study of Protein Functions

Protein-protein and protein-DNA interaction mapping.

Identifies signaling pathways.

Toxicology Studies

Detects changes in protein levels due to drug toxicity.

## Advantages

High-throughput  $\rightarrow$  thousands of proteins studied simultaneously.

Requires very small amounts of samples.

Useful in personalized medicine.

Faster and more efficient than traditional protein assays (e.g., ELISA, Western blot).

#### Limitations

Protein immobilization may affect activity.

Proteins are less stable than DNA, making arrays technically challenging.

Requires specialized equipment and bioinformatics tools.

More expensive than nucleic acid microarrays.

# Antisense technology

Antisense technology is a molecular approach used to block the expression of specific genes.

It works by using synthetic single-stranded DNA or RNA sequences (antisense oligonucleotides, ASOs) that are complementary to the messenger RNA (mRNA) of the target gene.

When antisense oligonucleotides bind to the target mRNA, they prevent it from being translated into protein.

Thus, this technology can silence disease-causing genes and is useful in research and therapy.

Principle-

Normal gene expression: DNA  $\rightarrow$  mRNA  $\rightarrow$  Protein.

In antisense technology:

A synthetic antisense strand binds to the target mRNA.

This blocks ribosome binding and prevents protein synthesis.

Alternatively, it may trigger mRNA degradation by enzymes (RNase H).

# Steps / Mechanism

- Design of antisense strand (complementary to target mRNA).
- Binding to target mRNA  $\rightarrow$  forms DNA-RNA or RNA-RNA duplex.
- This leads to:
- Inhibition of ribosome binding (stops translation).
- Degradation of mRNA by enzymes like RNase H.
- Blocking splicing or processing of mRNA.
- Result  $\rightarrow$  No protein synthesis.

# Types of Antisense Molecules

- Antisense oligonucleotides (ASOs): short synthetic DNA/RNA strands.
- siRNA (small interfering RNA): induces RNA interference and degradation of mRNA.
- Ribozymes: RNA molecules with enzymatic activity to cut mRNA.

# Applications-

## **Therapeutics:**

Treatment of genetic diseases (e.g., Duchenne muscular dystrophy, Huntington's disease).

Cancer therapy (block oncogene expression).

Viral infections (HIV, hepatitis, influenza).

#### Research:

Used to study gene function by selectively silencing genes.

## Agriculture:

Development of disease-resistant and high-quality crops.

# **Examples of Approved Antisense Drugs**

Fomivirsen – first FDA-approved antisense drug (for CMV retinitis).

Nusinersen (Spinraza) – for Spinal Muscular Atrophy (SMA).

Eteplirsen (Exondys 51) – for Duchenne Muscular Dystrophy.

# Advantages

Highly specific to target gene.

Can treat diseases at genetic level.

Useful where traditional drugs fail.

#### Limitations

Delivery into cells is difficult.

Can be degraded by nucleases.

High cost of therapy.

Risk of off-target effects.

# siRNA (Small Interfering RNA)-

#### Introduction

siRNA stands for Small Interfering RNA.

It is a double-stranded RNA (dsRNA), 20-25 nucleotides long.

It is used in RNA interference (RNAi) to silence gene expression.

siRNA degrades specific mRNA molecules, preventing them from making disease-causing proteins.

## Origin

Can be naturally occurring (as a defense against viruses).

Or synthetically made in labs for research and therapy.

Mechanism of Action (RNA interference pathway)-

Introduction of siRNA into the cell (either naturally or synthetically).

siRNA is recognized by an enzyme complex called RISC (RNA-Induced Silencing Complex).

One strand of siRNA (called the guide strand) binds to RISC, while the passenger strand is degraded.

The siRNA-RISC complex binds to the complementary mRNA sequence. RISC cuts and degrades the target mRNA.

No translation occurs  $\rightarrow$  no protein synthesis.

## Applications-

Research:

Gene silencing to study gene function.

#### Therapeutics:

Treatment of viral infections (HIV, hepatitis, influenza).

Cancer therapy (silencing oncogenes).

Genetic diseases (e.g., Huntington's disease).

#### Agriculture:

Development of pest-resistant and stress-tolerant crops.

# Examples of siRNA-based Drugs

Patisiran (Onpattro)  $\rightarrow$  first FDA-approved siRNA drug, for hereditary transthyretin amyloidosis.

Givosiran (Givlaari) → for acute hepatic porphyria.

Lumasiran  $\rightarrow$  for primary hyperoxaluria type 1.

# Advantages High specificity for target gene. Can silence "undruggable" targets. Useful in personalized medicine.

Limitations
Delivery into target cells is challenging.
siRNA can be unstable (degraded by enzymes).
May trigger immune response.

## Antisense Oligonucleotides (ASOs)

Antisense oligonucleotides (ASOs) are short, synthetic single-stranded DNA or RNA molecules (usually 15-25 nucleotides long).

They are designed to bind specifically to the complementary sequence of target mRNA.

This prevents the mRNA from producing proteins, thereby silencing or modifying gene expression.

#### 2. Structure-

Made of DNA, RNA, or chemically modified nucleotides.

Chemical modifications improve:

Stability (resistance to degradation by nucleases).

Affinity (stronger binding to target RNA).

Delivery (better entry into cells).

Common modifications:

Phosphorothioate backbone

2'-O-methyl, 2'-O-methoxyethyl

Locked nucleic acids (LNAs)

Mechanism of Action-

ASOs bind to target RNA through base pairing. Different mechanisms:

(a) RNase H-mediated degradation

ASO binds to mRNA.

RNase H enzyme cuts the RNA strand in ASO-RNA duplex.

Result  $\rightarrow$  mRNA degraded, no protein formed.

(b) Steric blocking (Translation inhibition)

ASO binds near ribosome binding site/start codon.

Physically blocks ribosome from attaching.

Result  $\rightarrow$  translation blocked, protein not made.

(c) Splicing modulation-

ASO binds to pre-mRNA splice sites.

Changes splicing pattern (e.g., exon skipping or exon inclusion).

Result -> corrects faulty protein or prevents harmful protein.

# Applications-

Genetic Disorders

Nusinersen  $\rightarrow$  Spinal Muscular Atrophy (SMA).

Eteplirsen  $\rightarrow$  Duchenne Muscular Dystrophy (DMD).

Cardiovascular disease

Mipomersen → Familial Hypercholesterolemia.

Neurodegenerative diseases

Inotersen  $\rightarrow$  Hereditary Transthyretin Amyloidosis.

Cancer therapy  $\rightarrow$  suppress oncogenes.

Viral infections  $\rightarrow$  inhibit viral RNA replication.

# Advantages-

Highly specific to target RNA.

Can target undruggable proteins (not accessible by normal drugs).

Flexible  $\rightarrow$  silence, block, or correct RNA.

Useful for personalized medicine.

#### Limitations-

Delivery problems  $\rightarrow$  hard to reach specific tissues.

Stability issues  $\rightarrow$  may degrade in body.

Off-target effects  $\rightarrow$  unintended RNA binding.

High cost of treatment.

# Zinc finger protein

Zinc finger proteins are small DNA-binding proteins.

They contain special structural motifs called zinc fingers, which are stabilized by zinc ions (Zn<sup>2+</sup>).

Function: They mainly act as transcription factors to regulate gene expression.

#### Structure-

Each zinc finger motif has about 30 amino acids.

It contains a conserved pattern of cysteine (Cys) and histidine (His) residues.

A zinc ion binds to these residues, which stabilizes the fold.

Shape: The structure looks like a finger, which fits into the major groove of DNA.

Types of Zinc Finger Motifs-

C2H2 type  $\rightarrow$  2 cysteines + 2 histidines (classical zinc finger).

C2C2 type  $\rightarrow$  2 cysteines + 2 cysteines (common in nuclear receptors).

C4 type → 4 cysteines (found in steroid hormone receptors like estrogen, glucocorticoid receptors).

Others (C6, C8)  $\rightarrow$  rare types in yeast and other proteins.

#### **Functions-**

- DNA binding  $\rightarrow$  Regulate transcription (turn genes ON or OFF).
- RNA binding  $\rightarrow$  Role in RNA packaging and processing.
- Protein-protein interaction → Help proteins communicate with each other.
- Gene regulation → Control which genes are expressed in the cell.

## Role in Biotechnology-

- Scientists can engineer artificial zinc finger proteins that bind to any chosen DNA sequence.
- Zinc Finger Nucleases (ZFNs):
- Combine zinc finger protein (DNA-binding domain) with FokI nuclease (cutting enzyme).
- Used for genome editing  $\rightarrow$  creates double-strand DNA breaks.
- After the break, DNA can be repaired to knockout, correct, or insert genes

Applications-

Medicine  $\rightarrow$  Gene therapy for diseases (e.g., sickle cell anemia, hemophilia).

Antiviral therapy → Target viral DNA/RNA (HIV, HBV research).

Cancer research → Switch off oncogenes or repair tumor suppressor genes.

Agriculture → Creation of genetically modified plants and animals.

Functional genomics → Study role of unknown genes.

Advantages
Highly specific DNA recognition.
Can be custom-engineered for different DNA sequences.
Useful in precise genome editing.

#### Limitations

Difficult to design and engineer compared to newer tools. Risk of off-target binding (may cut wrong DNA site). More time-consuming and costly than CRISPR-Cas9.

# Role of transgenic animals in target validation

Target validation = Process of proving that a biological molecule (gene, protein, receptor, enzyme, etc.) is directly involved in a disease process and can be a useful drug target.

Transgenic animals = Animals in which foreign genes (transgenes) are inserted, deleted, or modified using biotechnology.

They are powerful tools to study disease mechanisms and confirm whether a target is suitable for drug development.

How Transgenic Animals Help in Target Validation-

Gene Overexpression

Extra copies of a gene are added.

Shows what happens if the gene is too active.

Example: Oncogene overexpression in mice  $\rightarrow$  cancer studies.

Gene Knockout Models

A gene is deleted.

If disease symptoms appear, it proves the gene is important.

Example: LDL receptor knockout in mice  $\rightarrow$  cholesterol studies.

#### 3. Knock-in Models-

Normal gene is replaced with a mutated one.

Mimics human genetic diseases.

Example: Knock-in models for Huntington's disease.

## 4. Reporter Gene Models

A reporter gene (e.g., GFP, luciferase) is inserted.

Helps to study when and where a target gene is active.

#### 5. Humanized Animal Models

Human genes are introduced into animals.

Allows testing of drugs in human-like systems.

Example: Humanized mice for HIV or cancer immunotherapy.

Applications in Drug Discovery-

Understanding Disease Pathways  $\rightarrow$  Linking gene/protein activity with disease.

Validating Therapeutic Targets  $\rightarrow$  Confirming whether altering a target gene changes disease outcome.

Preclinical Testing  $\rightarrow$  Testing safety and efficacy of drugs before human trials.

Modeling Human Diseases  $\rightarrow$  Create realistic animal models for diabetes, cancer, Alzheimer's, etc.

## Advantages

- Provide in vivo system (whole organism)  $\rightarrow$  more accurate than cell culture.
- Can mimic human diseases closely.
- Allow long-term studies on disease progression and drug response.

#### Limitations

- Ethical concerns (animal welfare issues).
- Expensive and time-consuming to generate.
- Not always perfect  $\rightarrow$  animal models may not fully mimic human diseases.

## Examples

- Oncomice (mice carrying human oncogenes)  $\rightarrow$  cancer drug target studies.
- ApoE knockout mice  $\rightarrow$  study of atherosclerosis and cholesterol-lowering drugs.
- Transgenic Alzheimer's mice  $\rightarrow$  overexpression of human amyloid precursor protein (APP) to validate targets for Alzheimer's therapy.